

# Immersing in Chinese culture: Dragon boat festival



Moreland University Leadership  
project by Kamila B.



Last year, I participated in a Dragon boat race that was organized in the school where my kids go to. I was in a parents' team





It was a very great event: about 10 teams of teachers, staff, parents, alumni, high school students were competing.  
This year I want to bring this event to the school where I'm doing my clinical practice

# Project purpose

1. Involve the school staff in a team-building activity that brings sport and culture together.
2. Introduce one of the aspects of Chinese culture to new staff who came from abroad as Dragon boat festival is recognized as UNESCO's Intangible Cultural Heritage.
3. Learn about dragon boat racing techniques and crucial team collaboration.
4. Get involved with a wider community of other schools participating in a dragon boat race.
5. Long-term purpose: Pass the knowledge to new teachers, students and parents; keep this activity as an annual school tradition.

# Project objective

School staff will

1. Learn, practice, and apply dragon boat paddling techniques.
2. Develop collaborative skills fostering the school spirit.
3. Explore history and culture as an important part of the activity.
4. In the future keep actively participating and passing the knowledge about dragon boat racing to the school or wider community.

# Project impact

1. School community knows that Dragon boat racing is a big part of celebrating a dragon boat festival.
2. School community collaborates in this active sport event for fun, for involving new staff (active and cultural orientation activity, etc.)
3. Long-term purpose: Pass the knowledge to new teachers, students and parents; keep this activity as an annual school tradition
4. This project is aligned closely with the school's **motto**: "Together is better" because gathering, participating, and succeeding in this activity requires the sense of "togetherness" - only synchronous teams can succeed in the race. The **mission** is "developing learners into passionate leaders".

# Project description

Dragon boat racing is a thrilling water sport with its roots in ancient Chinese culture. Teams of paddlers race in long, narrow boats adorned with dragon heads and tails, propelled by synchronized paddling to the rhythmic beat of a drum. The sport is not only physically demanding but also fosters teamwork, coordination, and a strong sense of camaraderie among participants. For my leadership project, I plan to involve school staff to participate in trainings for a dragon boat racing that will happen in the middle of June.

The **vision** of the school focuses on these four words: Inquisitive, Successful, Balanced, Compassionate. The participants of the project are curious and open-minded - they are open to try new things, well-balanced - as they can balance work, personal life and other activities (like dragon boat racing), their goal is personal development that leads to success; they collaborate, learn from each other and help whenever needed.





# Project implementation plan and timeline

1. Find a trainer
2. Present about the opportunity in front of school colleagues Monday morning meeting
3. Create a wechat group and the project poster to spread
4. Find a place for trainings
5. Schedule the first meeting for dry practice and to share resources
6. Schedule consequent 8 meetings on a lake
7. Search for the opportunities to compete in Beijing this year



## **CISB STAFF, WE ARE ASSEMBLING A TEAM TO PARTICIPATE IN A DRAGON BOAT COMPETITION.**

It's a wonderful opportunity for team building and fostering the CISB Bobcat spirit. Training(s) will take place in April.

Scan the QR code to join the group or to find out more information:

Group: Dragon boat  
CISB team



Valid until 3/20 and will update upon joining





# Tools for measuring success

1. Participation and immediate feedback from participants
2. End of project survey